



## Junior Social Competition

### TERM 4 2020 - COMPETITION RULES

*This nine-week competition is a fun, social and inclusive competition, where coaches support junior players transition from skill development programs into regular game-play. The following rules have been developed in conjunction with our program coaches to ensure maximum opportunity for all players, and to encourage everyone to work hard on personal and team improvement.*

*There will be numerous opportunities in the future for young players to extend themselves through intensive performance programs where they can compete and represent Hunter Volleyball, New South Wales or Australia - on the beach or indoor! But for now, let's just play!*

- Teams** Boys & Girls aged 15 - 17 years. Players aged 14 years by invitation.
- Uniforms** No required uniform. Players may wear any shirt, school uniform or Spikeroos T-shirt
- Format** Double round robin, 45 minute games including 5 minute pre-game warm up  
Sets played to 25 points, with a 2 point advantage to determine winner  
Unlimited sets during the allocated time  
Points scored accumulate to determine team positions at the end of the competition  
Each team will have a double-header round for games, and for refereeing/duty  
Setter based in position 2, all players set when rotating to this position  
Maximum 3 consecutive serves per player  
Next player rotates into the court to Position 6
- Scoring** A modified scoresheet will be used by Duty teams learning how to manage the match
- Statistics** Duty teams will collect basic statistics and these will be collated by coaches to shape Week 4 activities, then assist players during games in Weeks 5-8
- Statistics collected include:
- 3 contact plays
  - Team Serves In / Missed
  - Block touches
  - Setting penalty (ball contact) (from Week 5)
  - Serving penalty (hand, foot faults) (from Week 5)
- Coach Awards** Coaches from each team will nominate players to receive the following awards at the end of the competition finals series:
- Most Improved (demonstrated greatest technical and game improvements)
  - Best & Fairest (sportsmanship, culture, leadership)